

## INFORMED CONSENT FOR LASER TREATMENT

**Jill M. Sohayda MD, CLS**  
**Medical Director**  
**8555 W Belleview Ave**  
**Littleton, CO 80123**

**Client Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Thank you for choosing this independently owned and operated healthcare facility.  
We hope you have a good experience with us today.**

### **Possible medical treatment methods include:**

Laser hair removal, laser vein reduction, laser tattoo removal, laser ablative or non-ablative fractional treatment, laser facial peel, intense pulsed light, collagen remodeling/skin tightening, sun spot/brown spot removal, skin tag removal, cherry hemangiomas removal, Photo Biomodulation treatments with near infrared, radio frequency skin tightening or toenail fungus treatment.

### **The following problems may occur with the above treatments:**

- You may experience short term itching, stinging, redness, swelling, allergic reaction, dryness, mild burning, temporary bruising or blistering, scabs, crusting, discomfort or a feeling of tingling or numbness around the area treated.
  
- Hyper-pigmentation (darkening of the skin), hypo-pigmentation (lightening of the skin) and texture changes have also been noted after treatment. These conditions usually resolve within 3-6 months, but permanent color change is a rare risk. Avoiding sun exposure before and after the treatment reduces the risk of color change. There is a slight risk of scarring.
  
- Though infection following treatment is unusual, bacterial, fungal and viral infections can occur. Herpes simplex viral infections around the mouth can occur following a treatment. This applies to both individuals with a history of herpes simplex virus infections and individuals with no known history of herpes simplex viral infections in the mouth area. If any type of skin infection occurs, additional treatments or prescribed antibiotics may be necessary.
  
- Pinpoint bleeding is rare but can occur following treatment procedures. Should bleeding occur, additional medical treatments may be necessary.
  
- In rare cases, local allergies to tape, preservatives used in topical numbing have been reported. Systemic reactions (which are more serious) may result from prescription medicines. Burns from the laser energy may require additional medical attention or surgery.
  
- There is also the possibility that other side effects or complications, not presently known, recognized, described or understood may develop now or in the future. Other rare risks and complications can occasionally be seen including but are not limited to: purpura (purple bruising), infection from picking at the area treated, crusting/scab on ingrown hairs, new growth of treated hair (depending on previous hair removal methods), failure to improve 'quality of life', initial unsightly appearance, interruption of daily life, work routine, home/family life or social life.

**CONTINUE ON THE OTHER SIDE**

## Delegation

Jill M Sohayda M.D. is licensed to practice medicine in the State of Colorado. She is delegating these medical services to Rocky Mountain Laser College and acting as their Medical Director. She can be contacted at 303-973-3683.

The service the client is receiving is a medical service; the delegatee of the service does not have a medical license in the State of Colorado. The delegatee is providing the service pursuant to the delegated authority of the physician; and, the delegating physician is available personally to consult with the patient or provide appropriate evaluation, treatment or referrals in relation to the delegated medical services.

## Acknowledgement

1. I understand the potential benefits of the proposed elective procedure, alternative treatment options and I do not have to have this treatment.
2. I understand there are risks in the practice of medicine and that there are NO guarantees of effectiveness.
3. I understand more than one procedure may be needed
4. I have disclosed a full and accurate personal medical history
5. I have read the above disclosure, and by signing below I give consent to proceed with the medical service
6. My questions regarding the procedure have been answered satisfactorily by the laser specialist and I have the option to have my consultation performed by the Medical Director, Cisco Sanchez-Navarro, MD
7. I understand the procedure and accept the possible complications
8. I hereby release the laser specialist, clinic, and Cisco Sanchez-Navarro MD from all liabilities associated with the above indicated procedure
9. I understand exposure of my eyes to laser light could harm my vision so I must keep eye protection on at all times
10. I agree to allow the medical services to be performed by a delegatee of Cisco Sanchez-Navarro MD
11. I understand most insurance companies will not cover this treatment
12. I agree to comply with after-care guidelines which are crucial for skin healing, prevention of scarring and hyper-pigmentation
13. I will not expose my skin to the sun for 72 hours
14. In the event of any adverse reaction I will call the healthcare facility promptly at the number above and the physician is available to meet me

**Client Signature** \_\_\_\_\_ **Date** \_\_\_\_\_